smiles
AT FAIRFAX CORNER

YOUR NEW CROWN
(Porcelain-fused-to-Metal/Gold/All-Ceramic)

We have placed a "state-of-the-art" dental restoration on your tooth. This restoration was placed using the finest materials and techniques available in dentistry today. Our entire staff takes extra pride to insure that your restoration will provide you with many years of enjoyable function and beautiful smiles. We want to provide you with some information that my help you protect them and keep them looking beautiful as long as possible.

Sensitivity: You may experience some hot/cold sensitivity as well as chewing sensitivity. This is not unusual with newly placed restorations. The sensitivity should subside within 2-4 weeks. If you notice the bite is high and does not feel right, please call us to have it adjusted as soon as possible. The teeth can also be sore after the restoration is placed secondary to the cementation/ delivery procedure.

Chewing:Porcelain/ceramic crowns, although possibly as strong as your natural teeth, can chip or break if abused. We, therefore, recommend that you avoid materials that have been responsible for breaking natural teeth such as chewing ice, biting fingernails or "bobby pins", eating hard candy, or chewing on chicken or rib bones. We also ask that you avoid extremely hot or cold foods and drinks, chewing and flossing in the newly restored area for 24 hours after cementation.

Grinding: If you find you grind your teeth—or there is a suspicion that grinding is occurring---either at night while sleeping or during a daytime activity such as work or sports, we may recommend that you have a custom mouth guard made to protect your new teeth.

Brushing: Always use a soft toothbrush and avoid abrasive toothpaste such as "smoker's" toothpaste or baking soda toothpaste. This abrasive toothpaste can scratch and damage your new restorations as well as damage your natural teeth.

Fluoride: If porcelain crowns were placed, do not use stannous fluoride or Acidulated Phosphate Fluoride products. Many dentists and hygienists recommend products such as Omni Med or Gel-Kam, to help those individuals with sensitive or cavity prone teeth. These products can actually etch the porcelain and decrease the surface smoothness of the restoration. Always tell the hygienist you have porcelain restorations when you have your teeth cleaned. If the hygienist recommends a fluoride gel or rinse, make sure it is a neutral sodium fluoride such as Prevident or Fortify.

Roughness: If you feel a rough edge on your new restoration, do not pick at it. Call the office to have the doctor adjust or smooth it.

Creating beautiful smiles is a specialty of ours. Not only is it rewarding for our patients, but also we enjoy the feeling we receive when we can improve someone's smile and the way they feel about themselves. We appreciate the referrals you send our way and we know that your friends and family will appreciate you caring about them.